



November 17, 2023

Y4.com Co.,Ltd.

Monitoring Weight & Blood Pressure from Pregnancy to Postpartum

The "Vital Gain" Solution - Now Available on iOS/Android with 'Pregnancy Support Program

Y4.com Corporation (Headquarters: Chiyoda-ku, Tokyo; CEO: Yukinao Ajima) announced the release of the Pregnancy Support Program for the 'Vitalgain' app on both iOS and Android platforms. This program promotes the health of women during pregnancy through tracking weight and blood pressure, supporting postpartum recovery. Utilizing the latest digital healthcare technology, 'Vital gain' provides pregnant and postpartum women with tools for easy and effective daily health management.

Features of the Service

①ICT Equipment Rental Service for Pregnant and Postpartum Women:

Offers equipment rental tailored for carbohydrate management for weight reduction, nutritional management, blood pressure, and weight monitoring.

②Reminder and Alert Service for Pregnant and Postpartum Women:

Based on gestational weeks, important milestones, health check & exercise reminders, and alerts for ill health conditions are provided.

③Individual Online Health Consultation by Experts and Online Medical Consultations with Medical Institutions as Needed:

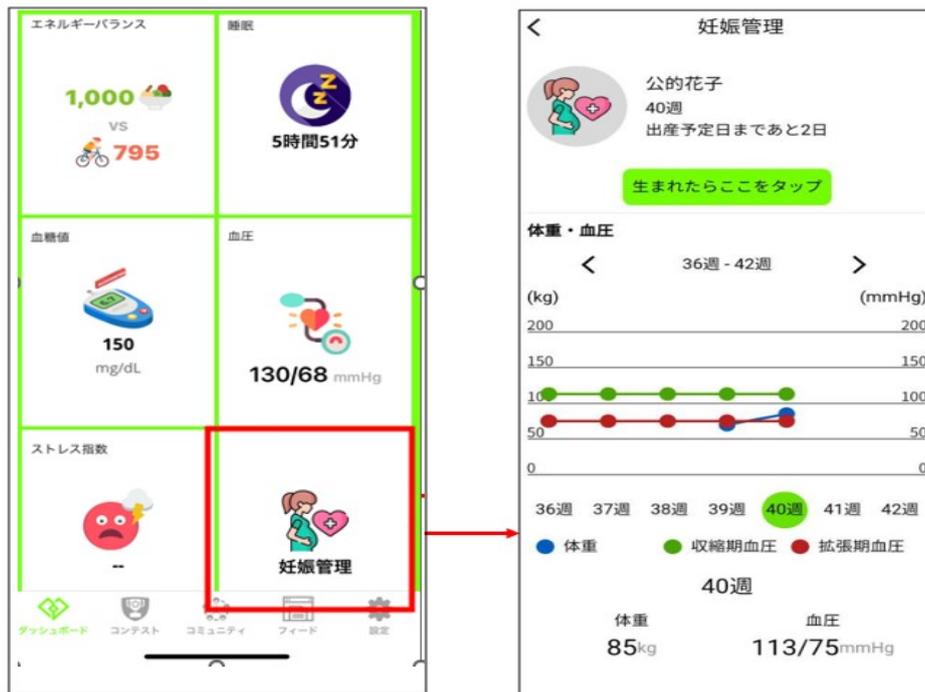
Health consultations via Zoom are available through the app's online health consultation feature.

【Vitalgain App Dashboard for Pregnant Women:】

The screenshot shows the Vitalgain app dashboard for pregnant women. The dashboard is organized into several sections with callouts explaining their features:

- Medical Cost Reduction:** Points for walking and other activities are accumulated to reduce medical costs.
- Wearable Integration:** Data from wearables is automatically recorded.
- EAT-SMART Integration:** EAT-SMART's database of 180,000 food items is used for simple calorie input.
- Condition Monitoring:** Automatic recording of data from condition monitoring devices.
- Omronconnect Integration:** Omronconnect app's activity count data is automatically linked to the Vitalgain app.
- Health Management:** A section for managing health, including hydration status (水分不足).
- Renpho Integration:** Weight measurement data from Renpho scales is automatically recorded.
- Survey Integration:** Data from surveys is used for CSV output and automatic collection.
- Vitastiq Integration:** Data from the Vitastiq app is linked via email.
- Gobe2 Integration (Additional for Gobe2 users):** Automatic recording of data from Gobe2 devices, including hydration and heart rate.

【Weight and Blood Pressure Management During Pregnancy】



The 'Vital gain' app, during pregnancy, focuses on monitoring various health parameters such as calorie intake, calorie expenditure, stress levels, major nutrients, sleep quality, and heart rate. It delivers individual alerts and advice, comprehensively supporting the health management of pregnant and postpartum women.

Y4.com Corporation continues to innovate individual health management through 'Vital gain', leveraging the integration of IoT and healthcare, extending healthy life expectancy, reducing medical costs, and preventing diseases.

[Company Profile of Y4.com Co.,Ltd.]

[Location] Otemachi First Square East Tower 4F, 1-5-1 Otemachi, Chiyoda-ku, Tokyo

[Established] April 2012

President and CEO Yukinao Ajima

[Business Activities] Healthcare services, import and sales of IoT devices

[URL] <https://y-4.jp/>



株式会社Y4.com

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