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Y4.com Co.,Ltd.

### Vital Gain releases an AI image generation feature for dietary history.

Y4.com, Inc. (headquartered in Chiyoda, Tokyo, CEO: Yukinao Ajima) has released an AI image generation feature for dietary history in the "Vital Gain" app. This service supports dietary history by recording images of food and dishes automatically generated by the generative AI, GPT-4.

#### ■ Background

"Vital Gain" has previously featured functions for recording dietary history through manual input of food items, barcode searches, and food searches. Until now, recording food items involved only the food name and photos of meals uploaded by the user. However, with the new release allowing for automatic generation and recording of images, it aims to make recording dietary history more enjoyable and sustainable.

#### 【Image of AI Image Generation Feature for Dietary History.】

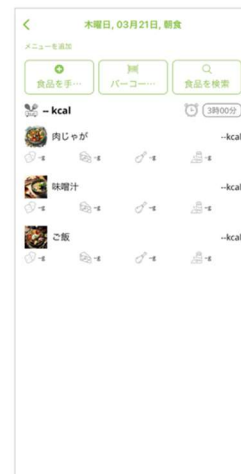
①食品名を手入力または、食品名を検索し、記録したい食品・料理を入力できたら記録をタップ



②写真を生成しますか？ OKをタップ



③GPT4によって生成された食品・料理の画像が追加されます。



画像生成にはGPT4を活用



例: 生ガキ



例: カツカレー

#### ■ Features of the Service

This feature is available exclusively for users with a paid account on the "Vital Gain" app. To use this feature, open the "Calorie Intake" section from the dashboard and select the meal you wish to record, choosing from breakfast, lunch, dinner, or snacks.

Proceed by clicking the "Enter Food Manually" or "Search for Food" button, enter the food name or search for the food, and then tap the "Record" button. This will prompt a message asking, "Would you like to generate a photo?" with guidance on AI image generation. Following the instructions and pressing OK will automatically generate an image of the meal using AI.

The generated images will be added to your dietary history, allowing you to record your meals along with the images. This feature simplifies the process for those who previously had to take and upload photos of their meals themselves, saving time and effort by enabling easy recording of images.

#### ■Vital Gain Service Overview

Vital Gain" synchronizes with multiple devices to track and collect vital data. It is a health management app that can immediately display daily conditions such as step count, heart rate, sleep, and depending on the device's capabilities, the energy balance of intake and expenditure, respiratory rate during sleep, blood oxygen levels, skin temperature, and epidermal pressure. Vital Gain" includes a wealth of behavior modification features, such as a dashboard for visualizing over 50 types of data, various contests with gamified elements, incentives for behavior change, advice based on lifestyle logs, as well as community, feed, and online functionalities like ZOOM. These vital data can be provided in a variety of ways to meet the needs of businesses and local governments, making it a valuable tool for initiatives aimed at extending healthy life expectancy.

Moving forward, through the integration of IoT and healthcare, we will strive to extend healthy life expectancy, reduce medical costs, and prevent diseases. By leveraging "Vital Gain," we aim to revolutionize individual health management and focus on providing sustainable healthcare solutions.

#### 【Y4.com Co.,Ltd. Company Profile.】

[Location.] Otemachi First Square East Tower 4F, 1-5-1 Otemachi, Chiyoda-ku, Tokyo

[Establishment] April 2012

[Representative.] Yukinao Ajima

[Business Description] Healthcare services business, IoT device import and sales business

[URL] <https://y-4.jp/>

〈"Inquiries Regarding This Matter〉

Y4.com Co.,Ltd. Administration Department.

E-mail : info@y-4.jp