



March 17, 2024
Y4.com Co.,Ltd

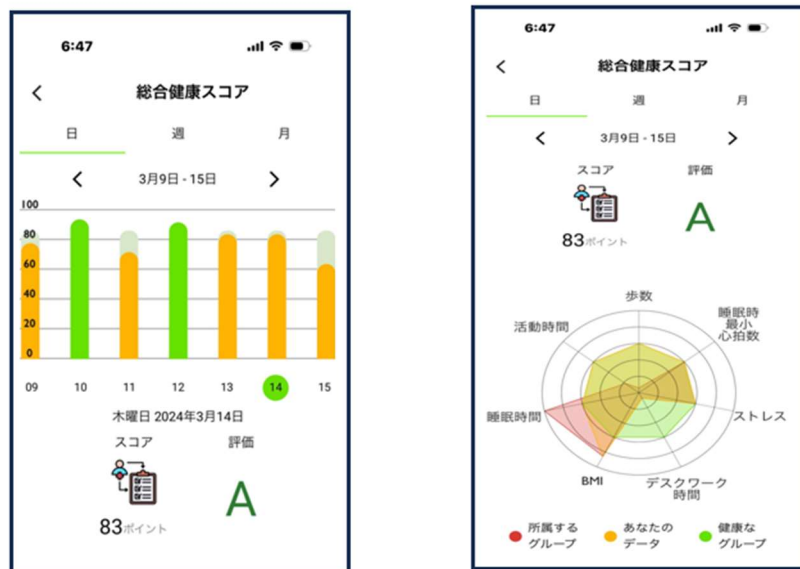
The Vital Gain app releases an innovative "Comprehensive Health Score" feature.
~Easier daily health tracking and analysis.~

Y4.com, Inc. (Headquarters: Chiyoda-ku, Tokyo; CEO: Yukinao Ajima) has announced the addition of a "Comprehensive Health Score" feature to its "Vital Gain" app, which tracks and collects vital data across multiple devices. This new feature allows users to check various indicators such as steps, BMI, active time, and sleep duration at a glance, enabling them to receive an overall assessment of their health status.

■ Background

The "Vital Gain" app, in addition to basic functions such as step counting, heart rate monitoring, and sleep tracking, maximizes device capabilities to provide real-time information on daily conditions such as the balance of energy intake and expenditure, respiratory rate during sleep, blood oxygen saturation, skin temperature, and epidermal pressure.

Vital Gain 'Comprehensive Health Score' Image



■ Features of the Service

Intuitive Visual Display: Shows the comprehensive health score and assessment in an easy-to-understand pie chart.

Comparison by Time Unit: Tracks changes in health scores by day, week, and month, allowing for easy observation of improvements or changes in health status over time.

Provision of Detailed Health Reports: Users can print out their health assessment reports along with

detailed information. This serves as a valuable source of information for specific behavioral changes or consultations with healthcare professionals.

These features make the "Comprehensive Health Score" function of the "Vital Gain" app a powerful support tool for users in managing their daily health and achieving long-term health goals.

■Vital Gain Service Overview

"Vital Gain" is a health management app that collaborates across multiple devices to track and collect vital data. It covers basic health metrics like step counting, heart rate, and sleep, and, depending on the device's capabilities, provides immediate insight into daily states such as the balance of energy intake and expenditure, respiratory rate during sleep, blood oxygen saturation, skin temperature, and epidermal pressure.

"Vital Gain" features a wealth of behavior modification functionalities, including a dashboard that visualizes over 50 types of data, various contests with gamification elements, incentives for behavior change, advice from lifestyle logs, as well as community, feed, and online features like ZOOM. These vital data can be provided in a variety of ways to meet the needs of corporations and municipalities, making it a valuable tool in efforts to extend healthy life expectancy.

Moving forward, through the integration of IoT and healthcare, we aim to extend healthy life expectancy, control medical expenses, and focus on disease prevention. By innovating individual health management through "Vital Gain," we are committed to providing sustainable healthcare solutions.

【Y4.com Co.,Ltd. Company Overview】

[Location] Otemachi First Square East Tower 4F, 1-5-1 Otemachi, Chiyoda-ku, Tokyo

[Establishment] April 2012

[Representative] Yukinao Ajima

["Business Activities] Healthcare services business, IoT device import and sales business.

[URL] <https://y-4.jp/>

〈Inquiries Regarding This Matter〉

Y4.com Co.,Ltd Administration Department

E-mail : info@y-4.jp